



MON	TUES	WED	THUR	FRI	SAT	SUN
7:00AM Wake-up/ Personal Hygiene	7:00AM Wake-up/ Personal Hygiene	7:00AM Wake-up/ Personal Hygiene	7:00AM Wake-up/ Personal Hygiene	7:00AM Wake-up/ Personal Hygiene	9:00AM Wake-up/ Personal Hygiene	9:00AM Wake-up/ Personal Hygiene
7:30AM Breakfast	7:30AM Breakfast	7:30AM Breakfast	7:30AM Breakfast	7:30AM Breakfast	9:30AM Breakfast	9:30AM Breakfast
8:00AM Chores	8:00AM Chores	8:00AM Chores	8:00AM Chores	8:00AM Chores	11:00AM Chores	11:00AM Chores
9:00AM Big Book Study	9:00AM Big Book Study	9:00AM Big Book Study	9:00AM Big Book Study	9:00AM Big Book Study	Big Chore Day Group For Working Clients	CHURCH
10:00AM Relapse Prevention	10:00AM Relapse Prevention	10:00AM Relapse Prevention	10:00AM Relapse Prevention	10:00AM Relapse Prevention		
12:00PM Lunch	12:00PM Lunch	12:00PM Lunch	12:00PM Lunch	12:00PM Lunch	12:00PM Lunch	1:00PM BRUNCH
12:30PM House Tidy-up	12:30PM House Tidy-up	12:30PM House Tidy-up	12:30PM House Tidy-up	12:30PM House Tidy-up	12:30PM House Tidy-up	1:30PM House Tidy-up
1:00PM Workshop	1:00PM Appointments (Dr's, P.O. etc.) OR Step Work	1:00PM Workshop	1:00PM Appointments (Dr's, P.O. etc.) OR Step Work	1:00PM Workshop	1:00PM FREE TIME	1:00PM VISIT/ FREE TIME
2:00PM Workshop	2:00PM Appointments (Dr's, P.O. etc.) OR Step Work	2:00PM Workshop	2:00PM Appointments (Dr's, P.O. etc.) OR Step Work	2:00PM Workshop	2:00PM FREE TIME	2:00PM VISIT/ FREE TIME
3:00PM Fitness	3:00PM Appointments (Dr's, P.O. etc.) OR Step Work	3:00PM Fitness	3:00PM Appointments (Dr's, P.O. etc.) OR Step Work	3:00PM Fitness	3:00PM FREE TIME	3:00PM VISIT/ FREE TIME
4:00PM Step Work	4:00PM Step Work	4:00PM Step Work	4:00PM Step Work	4:00PM Step Work	4:00PM FREE TIME	4:00PM VISIT/ FREE TIME
5:30PM Dinner	5:30PM Dinner	5:30PM Dinner	5:30PM Dinner	5:30PM Dinner	5:30PM Dinner	5:30PM Dinner
7:00PM Outside AA/NA Meeting	7:00PM Outside AA/NA Meeting	7:00PM Outside AA/NA Meeting	7:00PM House/Speaker AA/NA Meeting	7:00PM Outside AA/NA Meeting	7:00PM Outside AA/NA Meeting	7:00PM Outside AA/NA Meeting
10:30PM Curfew	10:30PM Curfew	10:30PM Curfew	10:30PM Curfew	12:00AM Curfew	12:00AM Curfew	10:30PM Curfew
11:00PM Lights Out	11:00PM Lights Out	11:00PM Lights Out	11:00PM Lights Out	2 :00AM Lights Out	2 :00AM Lights Out	11:00PM Lights Out